

A Study on the Impact of Student Assistance on the Improvement of Comprehensive Ability of College Students

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Abstract: As an important form of educational funding, funding for education emphasizes the assistance and attention of students' comprehensive qualities and abilities. In terms of enhancing the comprehensive abilities of college students, funding education can not only enhance their self-confidence and self-esteem, but also cultivate their innovative spirit and practical ability. At the same time, it can also promote their mental health and comprehensive development, cultivate their sense of social responsibility and civic awareness. On this basis, universities should actively provide diversified funding methods, strengthen practical employment guidance, and provide psychological health support. And, universities should also strengthen social responsibility education to improve students' learning and quality of life, and promote fairness and development in higher education.

1. Introduction

With the popularization and development of higher education, more and more students are entering universities to receive higher education. However, high-quality educational resources are not available to all students, and some students may face various difficulties due to economic, regional, and other reasons. In order to solve these problems, schools and society have begun to pay attention to how to help these students improve their learning and quality of life through funding and education. At the same time, they also hope to promote the fairness and development of higher education through this method, and provide certain reference for promoting the development of higher education.

2. The concept and methods of funding education

Funded education refers to helping students overcome economic difficulties, obtain good educational resources and opportunities, and achieve personal growth and social development goals through funding their learning and life. It is an important form of educational funding, which is different from traditional forms such as scholarships and student loans. Funding and education pay more attention to the comprehensive support and attention of students, including ideological and moral character, physical and mental health, academic development, and other aspects.

In summary, funding for education has various forms, each with its unique value and significance, aimed at providing students with comprehensive support and assistance. Firstly, scholarships are one of the most common forms of funding and education, mainly aimed at rewarding students for outstanding academic, technological, literary, and sports achievements and performance. Scholarships can be divided into various forms such as national scholarships, campus scholarships, and social scholarships. Secondly, student loans are a form of funding that can provide financial support to students and help them complete their studies. Unlike commercial loans, student loans typically have low interest rates and flexible repayment methods, as well as certain reduction and exemption policies that can alleviate students' repayment pressure. Finally, by providing internships and employment opportunities, funding policies will be implemented to help them better understand their career development direction and market demand, improve their professional skills and employment competitiveness, and provide them with certain economic support^[1].

3. The positive impact of funding education on the improvement of college students' comprehensive abilities

3.1 Improving students' confidence and self-esteem

In economically difficult situations, students often feel inferior and helpless, lacking confidence and self-esteem. Funded education can provide financial support and assistance to students, reduce their burden and pressure, make them feel cared for and supported by society, and thus improve their confidence and self-esteem. In addition, funding education can also provide students with diverse learning and practical opportunities, allowing them to exercise their abilities and abilities in practice, thereby enhancing their confidence and self-esteem. From this, it can be seen that funding education can provide students with comprehensive support and assistance, allowing them to feel the warmth and care of society, thereby improving their confidence and self-esteem.

3.2 Cultivate students' innovative spirit and practical ability

In modern society, the spirit of innovation and practical ability have become key factors for a person's success. Funded education can provide students with diverse learning and practical opportunities, allowing them to exercise their innovative spirit and practical abilities in practice. For example, funding education can provide students with innovation and entrepreneurship funds, research projects, internship opportunities, etc., allowing them to explore, discover, and solve problems in practice, thereby cultivating their innovative spirit and practical abilities. In addition, funding for education can also provide students with innovation and entrepreneurship training, technology lectures, etc., allowing them to understand the latest technological trends and achievements, and stimulating their innovative thinking and practical abilities. Funding education provides students with comprehensive support and assistance, allowing them to continuously explore, innovate, and practice in practice, thereby cultivating their innovative spirit and practical ability.

3.3 Promoting Students' Psychological Health and Comprehensive Development

In college life, students face many challenges and pressures, such as academic pressure, interpersonal relationships, career planning, etc. These problems may have a negative impact on their mental health. Funded education can provide students with mental health services and support, such as psychological counseling and counseling, to help them solve psychological problems, improve their psychological quality, and enable them to achieve comprehensive development in learning, life, and practice. In addition, funding education can also provide students with diverse learning and practical opportunities, such as social practice, volunteer services, etc., allowing them to experience life, exercise their abilities, expand their horizons in practice, thereby promoting their comprehensive development and laying a solid foundation for their future development^[3].

3.4 Cultivate students' sense of social responsibility and civic awareness

In modern society, civic awareness and social responsibility have become important factors for a person's success. Funded education can provide students with opportunities to participate in social welfare activities, allowing them to personally feel the needs of society and their own responsibilities, thereby cultivating students' sense of social responsibility and civic awareness. In addition, funding for education can also provide students with relevant courses and lectures, such as civic education, public welfare and charity, so that they can understand the operation and public affairs of society, understand the needs and responsibilities of society, thereby enhancing students' civic awareness and social responsibility.

4. The Realistic Path of Supporting Education and Improving the Comprehensive Ability of College Students

4.1 Provide diversified funding methods

Providing multiple funding methods for education is one of the practical paths to enhance the

comprehensive abilities of college students. This is because different students have different economic conditions and family backgrounds, and a single funding method is difficult to meet the needs of all students. Firstly, scholarships can be provided. Scholarships are a common way of funding education, which can encourage students to study diligently and improve their overall abilities. Scholarships can be evaluated based on factors such as students' grades and comprehensive qualities, and corresponding rewards can be given. Secondly, student loans can be provided. For students from financially disadvantaged families, student loans can help them solve the problems of tuition and living expenses, reduce their financial burden, and enable them to focus more on their studies and improve their overall abilities. Once again, work-study assistance can be provided. Work-study programs can help students earn a certain amount of income through work, reduce the financial burden on their families, and also exercise their practical and comprehensive abilities. Finally, special funding can be provided. For students in special circumstances, such as those with disabilities or those whose families have experienced significant changes, funding for education can provide special assistance to help them complete their studies and improve their overall abilities.

4.2 Strengthen practical employment guidance

By strengthening practical employment guidance, students can better understand the job market and employment situation, improve employment competitiveness and comprehensive abilities. One is to provide practical opportunities. Funding for education can provide practical opportunities such as internships and volunteer services, allowing students to experience the workplace environment and work content firsthand, enhancing practical experience and comprehensive abilities. The second is to provide career planning guidance. Funding for education can provide career planning guidance for students, such as career planning and employment guidance, helping them clarify their career direction and goals, and improving their competitiveness and comprehensive abilities in employment. The third is to strengthen employment information services. Funding education can strengthen connections with enterprises, recruitment agencies, etc., provide students with more employment information and opportunities, help them better understand the job market and employment situation, and improve employment competitiveness and comprehensive ability. The fourth is to strengthen the cultivation of professional literacy. Funding education can enhance professional literacy cultivation, allowing students to have better professional literacy and better adapt to the workplace environment and work content^[2].

4.3 Providing mental health support

Psychological health issues have become one of the important issues faced by contemporary college students, playing an important role in improving their comprehensive abilities. By providing mental health support, students can better cope with psychological stress and emotional problems, improve their overall abilities and quality of life. On the one hand, a mental health service system can be established, such as psychological counseling centers and counseling rooms, to provide students with comprehensive mental health support and services. At the same time, it is necessary to strengthen the promotion and education of mental health, conduct lectures on mental health knowledge, and hold themed class meetings on mental health, so that students can understand the importance and response methods of mental health problems. On the other hand, funding education can provide psychological health assessment and intervention, such as psychological testing and individual psychological counseling, to help students discover and solve psychological problems in a timely manner, improve their comprehensive abilities and quality of life. Personalized mental health support and services can also be provided to students by establishing mental health records and regularly tracking their mental health status.

4.4 Strengthen social responsibility education

Social responsibility education can help college students establish correct social values and sense of responsibility, improve their comprehensive ability and social adaptability. Funding for education can strengthen social responsibility education and publicity through various means, such as

conducting social responsibility themed lectures, social responsibility promotion columns, etc., to help students understand the importance and practical methods of social responsibility. On this basis, funding for education can establish social responsibility evaluation mechanisms, such as social responsibility assessments, social responsibility reports, etc., encouraging students to actively participate in social responsibility practice, and improving their comprehensive ability and social adaptability. In addition, funding for education can also strengthen the integration of social responsibility education and professional courses, such as incorporating social responsibility education content into professional courses, allowing students to understand social responsibility and practical methods while learning professional knowledge. By strengthening social responsibility education and publicity, establishing a social responsibility practice platform, strengthening the social responsibility evaluation mechanism, and strengthening the integration of social responsibility education and professional courses, we can better help students establish correct social values and sense of responsibility.

5. Conclusion

The impact of student funding on the overall ability improvement of college students is very significant. By providing diversified funding methods, strengthening practical employment guidance, providing psychological health support, and strengthening social responsibility education, college students can better complete their studies, improve their comprehensive abilities, and adapt to society. At the same time, this can also promote college students to establish a correct outlook on life and values, laying a solid foundation for future career development. Therefore, student funding and education should receive more attention and attention, and through continuous improvement and optimization of the funding and education system, provide better growth environment and development opportunities for college students.

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